

Available in live virtual & in-person

As Implemented in Boys & Girls Clubs throughout the U.S.

What is PAX Tools?

PAX Tools® is a collection of research-based strategies to improve cooperation and self-regulation in children. PAX Tools provides a unified approach to behavior for organizations and professionals throughout your community and allows young people to experience nurturing environments supported by caring adults in community settings and at home. PAX Tools for Youth Workers provides trauma-informed evidence-based strategies for those working with youth in the community during out-of-school time.

About PAX Tools for Youth Workers

This training is available in live virtual and in-person formats and consists of 4 content hours. Participants learn how to implement eight evidence-based strategies in their everyday interactions with young people. Participants will receive all the materials needed to implement PAX Tools with the children they serve. Upon completion of the course, participants will be equipped with eight trauma-informed PAX Tools strategies they can begin using the very next day!

You will learn about...

- the unique influence youth workers have on young people
- how to teach behavior as a skill set
- the importance of a trauma-informed approach
- how to create a nurturing environment for young people

Who should attend PAX Tools

for Youth Workers? Ideal participants might serve in one of the following roles:

- ✓ Camp Counselors
- ✓ Youth-development Professionals
- **Part-time Staff**

What do participants

have to say?

"I am excited to use

what I have learned

today!"

"I really appreciated

the self-paced learning!

It allowed me to go faster

in areas that were familiar

and take more time in

concepts that were new!"

"Practical solutions,

clear explanations!"

- ✓ Volunteers
- **Recreational Staff**
- ✓ Youth Mentors
- ✓ Seasonal Staff
- And MORE!

PAX = Peace • Productivity • Health • Happiness















For More Information

Email

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Scan QR Code to Register